

How to Attract
**EMOTIONALLY
AVAILABLE MEN**

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Men are actually not as complicated as women think.

I'm going to say that again: ***Men are not as complicated as women think.***

We only need to feel **desire**, but more importantly, we need to feel **respected** right from the moment meet you. And we need to feel **needed**... but not **needy**, and there's a big, important difference between the two.

So let's talk about feeling needed.

What It Means to Feel Needed

As a man, nothing brings me more joy than when the woman that I'm falling in love with ***confides in me.***

She shares with me, all the things that she's all about.

She trusts me.

She tells me her little secrets.



We start to have a relationship based on our little things that we share together. I love that. It makes me feel wanted, makes me feel desired, makes me feel special, makes me feel unique.

It's something that all men truly crave in a relationship. Why? Because that's how we know that the two of us are now going to become a team. We're going to have this relationship, we're going to have each other's back.

That is a healthy version of **need**.

What It Means to Be Needy

What we *don't* like, what we *don't* admire, what most men *don't* connect with, is when a woman *needs* us.

She puts the pedal to the metal and she wants a relationship instantly. She *needs* that relationship instantly. She *desires* that relationship instantly.

She wants answers immediately. She wants it to be a relationship so quickly that we don't have a time to even feel needed.



We actually feel like we've gone from 0-60 so fast we might as well be outfitted for a mini-van and spit the kids out right away.

At that moment, all we feel like is a sperm donor. We're the father of the kids that she's always wanted, but it doesn't matter who the father truly is.

It just mattered that she has somebody in her life. **That is a big, big, big thing.**

The Big Difference Between Needy & Needed

To men, a woman who's needy is **a woman who *needs* a man.**

ANY man. That's the important difference.



So we feel like we're just fitting the man just because we're 6 feet tall or 5'11, just because we have a certain job.

We don't feel special, we don't feel unique, and we don't really feel wanted.

So what happens next? The dynamic that occurs between the two of us is really unhealthy.

How to Make Him Feel Needed

Share your secrets. Build the trust in the relationship. And let him know how unique and special he is, and tell him why.

Words of affirmation are huge with men. It allows us to really connect with one another on a more emotional, intimate level.

The more you tell us how wonderful we are, how great we are, how special and how unique we are, the better we're going to feel in this relationship with you.

That's how we feel needed. That's how we feel desired, and that's how we connect.

When a woman tells me that I'm brilliant and smart and intuitive, I think to myself, "she sees a real need." Not needy, but a healthy need.

When a woman reads my writing or listens to one of my podcasts or watches one of my videos and tells me, "God, you're so amazing at what you do," I feel inspired.

I feel great at that point. Not only do I feel great, not only do I feel inspired, but I also actually feel like I am connecting with her on a much deeper level because I feel like ***she truly sees the real me.***

And when she sees the real me, I feel super safe, super secure in that relationship.

How to NOT Make Him Feel Needed

You see, a man wants to feel respected right from the moment we meet you. Meaning ***we don't want to be criticized.***

I went out with somebody and actually had a relationship with them for years. And over and over again she would tell me I was a *dating* expert, but not a *relationship* expert.

Ooh! Ouch! Damn did that hurt.

Over and over again she would just rip me apart. I don't know why except that she just didn't have anything going on in her life at all.

As a matter of fact, she was not really successful at what she did. She was a nice person, but only nice to her friends. When it came down to a man, she wanted to control me and bring her down to her level.

I would tell her about this great new thing I was working on, or this fantastic new concept I was working on with my clients. And she would find a way to either discredit me or make me feel lousy about



myself because it was the way that she felt about *herself*.

Not only was I not able to connect with her, but **I never felt safe in her presence**. I always felt really uncomfortable. I always had this feeling of "god, I'm never going to be enough."

And that doesn't work for a man at all. You see, **emotionally available men**, like myself, want to feel really safe, because to us, feeling safe and secure is one of the most important things in a relationship.

Safety Means Everything

When we feel safe and secure, we're able to be that knight in shining armor to you. We're able to be that man. We're able to be that guy that will show up and take great care of you because we feel like we're adored, and that's so important.

The women that I was with felt intimidated by what I did because I was connecting with women all day long.

I was speaking to large organizations and groups.

I was changing people's lives and she felt really insecure about it, and when it came down to it, after we broke up, she admitted to the fact that she never felt secure around me because she always thought that I would find somebody who was better.

So she thought by busting my balls and literally ripping me apart on a daily basis, she'd be able to keep me in check.

“*Emotionally available men are looking for women who will recognize their own emotional availability and match it, and make us feel safe in that emotional space that we're creating.*”

You see, men - especially emotionally mature men - want to meet somebody who's their emotional equal. Emotionally available men are looking for

women who will recognize their own emotional availability and match it, and make us feel safe in that emotional space that we're creating.

That's why safety and making a man feel safe are SO huge.

The Definition of an Emotionally Available Man

Here's what you need to know: emotionally mature and available men want to feel safe around you. You see, that's something that women want and know about themselves. But they don't know this about *men*.

Even many men don't see the need to feel safe, because they've been programmed to think that men should be unemotional.

But a quality man, a man who's emotionally available and wants to connect with you, knows this is a *strength* and not a weakness.

He likes to be adored and admired for his emotional strength, but also he wants you to recognize that there are going to be times when he really, truly needs to let go.

He wants to feel safe and secure, so when he is literally opening up his emotions and opening up his world to you, he wants to know that his secrets are safe with you.

That as he talks about something that's really bugging him, you're going to be the exact opposite of all his male friends who tell him to forget it and "be a man."

You're going to be loving, you're going to be warm, and you're going to be affectionate. You're going to hear his fears and hear his thoughts, and you're not going to discredit them at all.

You see, all men, no matter how strong they are, no matter how successful they are, have weaknesses. They have fears and insecurities.

So if they start to unwind in front of you and they start to share who they are and tell you all the things that they are, they don't want you judging them.

They want you supporting them based on who you are. You see, they're coming to you to share themselves with you.

They're looking at you and they're saying hey, I love connecting with you. You're my woman. I truly want to get to know you on a much deeper level.

I desire to let you see the real me, so I'm allowing you to see the real me, even though I know that I'm going to expose some things that I don't really feel safe about.

So when we're exposing our inner workings of our minds and hearts, we want to know that you respect it, that you honor it, and you see it as a strength, not a weakness. Because as a man starts to blossom unwind in front of you, he truly desires you to be his emotional support.

You see, a strong man, a real man, will let go and allow you to be seen. He's not going to try to be Superman at all times. And he knows that, in moments of weakness, he can trust you because most of the time, he's going to be *your* rock, he's going to have *your* back, and he's going to give *you* the emotional support that he needs.

But it's important for him to feel equally as safe around you.

When he feels safe around you, things will get really interesting and intimate and passionate between the two of you.

You're going to have some absolutely amazing discoveries about one another.

You're going to have that relationship that you truly desire.

Because that's what this journey called love is all about. Finding the man that you can connect with on the emotional, physical, mental level that you have always craved and desired.

Isn't that what you want?

Your friend,
David

A handwritten signature in black ink, consisting of the letters 'Dwt' in a cursive, lowercase style.